#### Brännboll

Brännboll is a Swedish outdoor game played with a tennis ball and different types of bats. There are many different variations of Brännboll and here you will find the most common ones.

## How to play Brännboll

A match in Brännboll is played between two teams of 6-10 people who take turns being the indoor and outdoor team. Brännboll is played outdoors, often on a grass or gravel field (football field).

Game time: 2×8 minutes

## Innings

Innings, all players line up to try to hit a tennis ball with a bat and then run a lap around the playing field before the away team has had time to get the ball and throw it to the "burner" who has stomped on the burn plate and shouted "burned".

When it is your turn to hit the ball, you have 2-3 chances to get a valid hit. If you fail to hit, you have to stand and wait for the next player on the team to get the ball far enough away.

Once you have hit the ball and started running, the goal is to get back to the innings by circling the field. If you do not make the entire lap, you can stop at the best cone to avoid getting burned. If you get burned, you have to go back to the cone before and the away team gets points.

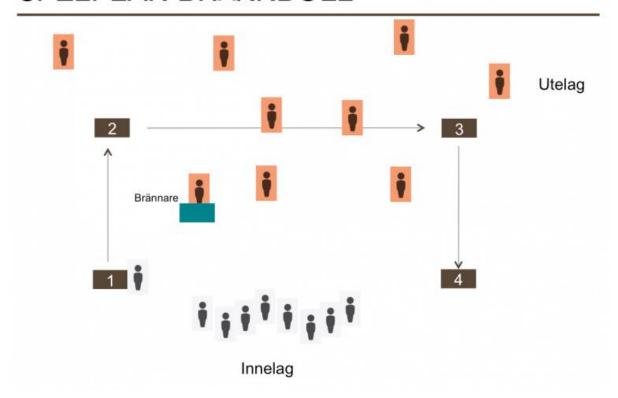
#### Out team

The out team chooses a thrower who will stand at the throw plate as shown in the picture below. When the in team hits the ball, they must catch the ball and throw it to the thrower to score points. One-handed throws and throws where the ball has not yet touched the ground also score points.

Game field and setup

- The game field should be approximately 28 x 20 meters
- The in team lines up at the throwing station at cone 1
- The out team chooses a thrower and positions themselves across the game field to catch the balls the in team hits

# SPELPLAN BRÄNNBOLL



# Points in brännboll

- 1p for incoming player
- 6p for turning
- 1p for burning before the second cone (see picture)
- 1p for lyra
- 3p for one-handed lyra
- 5p for burning out the infield + points for any burned players